

Braeside School NEWSLETTER

March 2022



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Headmistress's Message

Dear Parents,

I can hardly believe another half term has gone by - time certainly flies when we are busy and having fun!

As restrictions ease, we have been able to enjoy trips further afield. Pupils have travelled to Kew Gardens to further their knowledge of biology (in Year 4) and Year 6 visited Duxford (Imperial War Museum) to explore World War II in more detail.

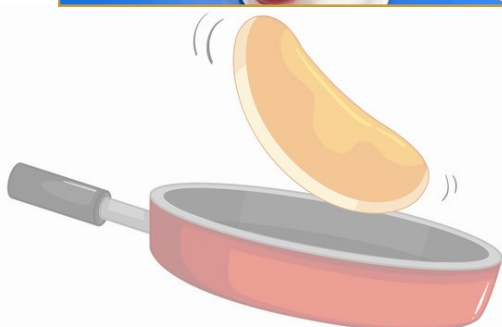
As always, Braeside pupils have enjoyed taking part in a range of sporting activities such as athletics, football and swimming. I am also pleased to announce that Izellah in Year 8 and Sophia in Year 9 have been elected to stand on the Epping Forest Youth Council and we wish them the best of luck in their new roles.

Wishing you all a restful break. Kind regards,

Mrs Moon

Shrove Tuesday

Chef Steve's delicious pancakes went down very well with all the pupils and staff at school on Shrove Tuesday. The senior pupils even had a pancake flipping contest in the afternoon!



Epping Forest Youth Council

Standing for Epping Forest Youth Council elections are Sophia in Year 9 and Zaynab and Izellah in Year 8. Good luck councillors!



Young Writer's Poetry Competition

Three pupils at Braeside were selected to have their poems included for publication in 'Empowered – Voices Released', which is an amazing feat as there were over 12,000 entries.

Having work published is a fantastic way to boost confidence and showcases the extraordinary talent in their creativity and writing skills, as well as giving pupils a real audience and purpose for their writing. Well done and congratulations to Amaya (Year 8), Maya (Year 7) and Eesha (Year 7).

Everyone was very impressed with all the poems the pupils presented and submitted in to this competition. Each of them received a lovely bookmark and a certificate. We hope these pupils will continue to share their writing, and that they motivate others to share their writing and thoughts also. As Albert Einstein once said: "Creativity is contagious, pass it on"...

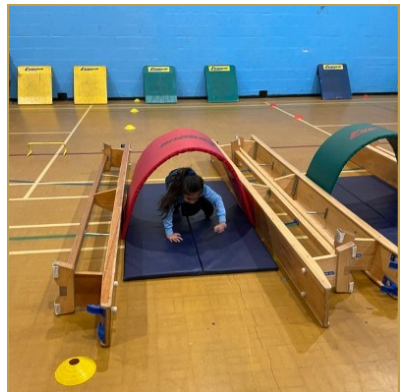


West Essex Indoor Athletics Festival

Year 1 attended the West Essex school sport partnership KS1 indoor athletics festival taking part in many track and field events.

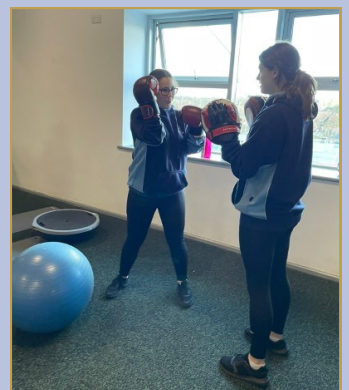
The track events included the hurdles, sprint races, under over races and an obstacle course. The field events were long jump, speed bounce, target throwing, javelin, balance beam and chest push.

All the pupils had fun completing the activities and it was brilliant to see them trying new skills. Ruby was excellent at the speed bounce, Isla and Leela's confidence grew in the field events, Karmen was impressive on the balance beam, Liya worked hard to improve her javelin, Eva excelled at the target throw, Amelia and Evelyn were speedy over the hurdles and Amber worked hard at the long jump! A brilliant morning of athletics, enjoyed by all!



Gym Time For Year 10 & 11

Year 10 and 11 are going to Chingford Leisure Centre in PE this half term where they have full use of the gym and are taking part in instructor led fitness classes in the studio!



Year 4 Trip To Kew Gardens

On Wednesday 16 March, Year 4 went on their trip to Kew Gardens. The pupils took part in a workshop to find out what it takes to become a Plant Hunter. They had a go at creating detailed drawings of their own discoveries in the Palm House, as well as learning about the important information labels and some of the more unusual plants in the building. The pupils also had a go at using branching databases to classify leaves. Though the weather was a little damp, they all had lots of fun and also got to explore the Children's Garden in the afternoon.



Year 6 Duxford Trip

Year 6 had an excellent day at Duxford Museum. They looked at aircraft from World War 2, found out about the Operations Room during the Battle of Britain and even saw a Spitfire fly!



Science Week Experiment

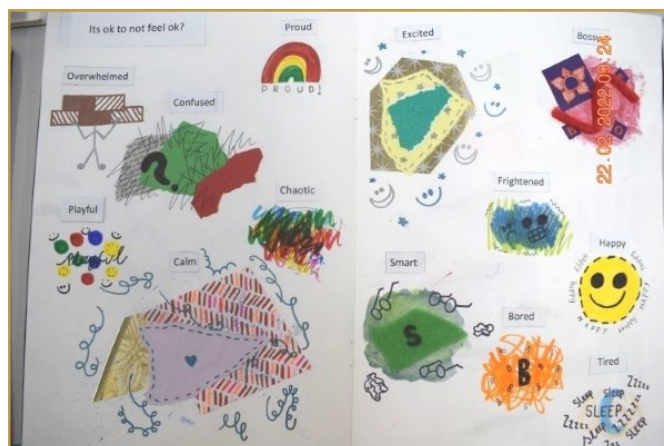
As part of Science Week, Years 5 and 6 have been investigating reversible and irreversible reactions by conducting 'coke and mentos' experiments! Luckily no-one got wet!

COKE AND MENTOS!



It's OK To Not Feel OK

During Children's Mental Health week, Year 8 used art to express their feelings. It was amazing to see how everyone's art came out so differently.



Year 6 Science

Year 6 had a great time using their investigative skills to try to answer the question 'Do penguins keep warmer when there are lots of penguins around them?'

They also had to investigate which material would be most suitable to keep Fred the penguin the warmest!





Cross Country Tournament 2022



This year's Cross Country Tournament held on Thursday 10 March was a huge success, with the spring sunshine shining down over the field at Coopersale Hall School.

Pupils from Braeside raced against other children from the 4 Oak-Tree Schools as well as Avon House, Daiglen and St Aubyns. They showed excellent support and did a fantastic job cheering each other on!

Netball

Pupils from across the school have been taking part in various netball tournaments against local schools. Everyone has been working really hard to improve their skills and work well as a team this term. It's been wonderful to witness their progress.



Oak-Tree Swimming Gala 2022

Braeside performed brilliantly at the Oak-Tree swimming gala!

Chloe won the Year 6 boys Backstroke race! Nicole in Year 4 won both the boys backstroke and front crawl! Zara gained second place in the girls Year 5 front crawl race and Angel was second in the Year 6 girls front crawl and backstroke. Eva came second place in the girls Year 6 breaststroke and swam outstandingly in the Year 6 Butterfly event. All the swimmers should be extremely proud of their efforts. Well done! Thank you to Lily, Lydia, Evie, Izzy, Freya and Aina in Year 9 and 10 for helping to run and time the event.



Junior House Football

Years 3 to 6 had a fantastic afternoon taking part in the annual Junior House Football Competition. The pupils were able to put their skills into practise and some brilliant goals were scored! Eva got a hattrick! Georgia and Amber made some outstanding saves and Darcy displayed excellent ball control. The winners of the tournament by 1 point were Mason House! It was lovely to have Year 1 outside supporting and then playing against each other in their own football match, well done all!



Oak-Tree Football

The U9 and U11 football teams had a fantastic morning at Shooters, North Weald for the first Oak-Tree girls football tournaments. They were lucky to have some amazing sunshine and the pupils put on an excellent display of football skills. There were some brilliant goals scored throughout the morning and it was lovely to see the Braeside team spirit! The U9 and U11B teams came second!



World Book Day 2022

Pupils had a fantastic time celebrating World Book Day. In addition to dressing up as their favourite book character on Friday, they also took part in a number of book related activities throughout the week.



We were lucky enough to have an author visit the school – David Long winner of the Blue Peter Book Awards. He held a book read and question session for Year 1- Year 7. The pupils were all given the opportunity to buy his book *Survivors* and have it signed. The children were extremely excited as their recent class work has been based on this book.

School Council also set up a Big Book Swap for Kindergarten to Year 7, children were able to bring in a book that they have read and swap it for another.



Islamic Art

Year 8 have produced some amazing Islamic art this term. They have explored the work of Islamic artists and thought carefully about the characteristics and materials they use. Pupils loved using inks as the colours are so vivid and bold.



National Citizen Scheme

Thank you to Bethany from the National Citizen Scheme for coming in to talk to Year 11. The scheme they offer gives teens the chance to work on their teamwork, skill, resilience and sense of adventure!



Red Nose Day

Year 5 and 6 held a bake sale to raise money for comic relief as well as completing part of Oak-Tree challenge, where they had to organise their own fundraising event. Excellent work pupils!





Junior Peri Concert

On Friday 25 March we held our annual Peri Concerts. There were so many talented pupils ready to perform this year, we had to separate the show into two halves, one for the Juniors and one for the Seniors. The hall was packed on both occasions with parents and friends eager to hear the children present what they have been learning during their peripatetic music lessons.



In the morning it was the turn of the Junior pupils. There were violin performances, recorder songs and well as music on the piano and guitar. The audience were even treated to a singing performance with an original hand written song! All of the pupils put on a wonderful show and should be very proud of themselves.

In the afternoon it was the turn of the Senior pupils, and the audience were blown away by



the talents of pupils singing, playing the piano, guitar and violin. Several pupils performed duets on the piano, and it was wonderful to hear how seamlessly they worked together. Some brave pupils had only been learning their instruments for a couple of months, and everyone was very impressed with the progress they had made in such a short space of time.

Senior Peri Concert



British Science Week

It was officially British Science Week, from the 11.03.22 till 20.03.22. This year's theme was 'Growth and Sustainability'. Schools up and down the country were involved in cross curricular Science activities. Pupils at Braeside also celebrated this occasion by participating in various Science activities.

Kindergarten have been learning about growing as part of their science topic this term. They enjoyed listening to the story of *Jasper's Beanstalk* and were very excited to plant their own beans. They learned that the beans would need water and sunlight to help them grow and they are patiently waiting for the beans to grow into beanstalks.

Reception Class went out on a Spring Hunt, looking for signs of spring. They used a Spring Hunt Checklist and found blossom, flower buds, flowers, seedlings, insects, birds, a nest and green leaves.

They used their senses. They were very enthusiastic.

Year 1 investigated the 5 senses. They focused on the sense of sight and how they would complete certain tasks without the use of it.

The Year 4s went out on a trip to Kew Gardens this week where they completed Science linked work on classification and identification of plants and how they grow.

Years 5 and 6 have been investigating reversible and irreversible reactions by conducting 'coke and mentos' experiments! They had great fun and luckily no-one got wet!

Year 7s used quadrats as part of their Ecology topic and were learning about the growth and development of an ecosystem.

Year 8s studied the differences in the growth of young leaves and mature leaves found on a tree or bush in the Braeside garden. They had to measure the width and the length of each leaf, comment on the colour, texture and any abnormalities that they could observe and then compare both leaves.

Year 10s studied the development of foetal growth over the different stages of gestation in Biology.

Well done to all the years for taking part in the Science Week and for having so much fun!

Mrs Razzak

Science



Easter Egg Hunt

On the penultimate day of term the Junior children took part in a fun-filled Easter egg hunt in the school grounds. Helped out by the seniors and the Easter Bunny, the children had to run around the grounds and find all the Easter tokens that had been hidden there. There were lots to find, with even some gold tokens placed around. Once they had found a token, they had to bring it back to the Senior pupil that represented their House, ready for counting. The House with the most tokens at the end of the hunt would be crowned the Easter Egg Hunt winners! We can reveal that the winners were Mason House.

After the excitement of the hunt, the Easter Bunny stuck around a little longer to give all the pupils a tasty Easter treat to take home with them.



Senior House Football

The last morning of term was the turn of the Senior pupils for their House Football Tournament. It was a great morning, with lots of friendly but competitive play. All the pupils had the chance to have a go on the pitch, with the rest of their House cheering them on from the side-lines. All pupils gave it their all, but the winning House was Fry!



Hurry to complete The Oak-Tree Challenge!

The Oak-Tree Challenge award aims to inspire pupils in Years 4-9 to take part and complete THREE challenges to achieve their award.

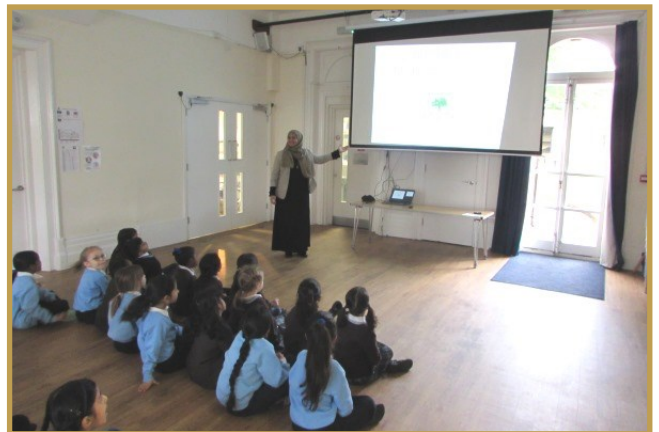
We are now more than half way through the school year and only 3 months to go to submit entries for the 'Oak-Tree Challenge' awards. Follow up Assemblies were delivered to both Senior and Junior girls by Mrs Alahi, the Oak-Tree Challenge co-ordinator to explain what happens next.

Many students have already come forward to speak to Mrs Alahi about their plans for the challenges they have completed so far. That is fantastic- but it is still not too late to participate to achieve the Bronze, Silver or Gold awards at the end of the year!

The next stage will be for the students to write up their challenges on paper and show their form tutor and Mrs Alahi. Please support the write ups to ensure they include details of the planning involved with their challenges, how well they were performed and any reflections before and after the challenges were completed. Students need to make sure they have photographic evidence of the challenges too. On completion of a draft write-up, students will be given a log book to complete for the final submission.

Challenges range from public performances, outdoor pursuits, learning new skills, voluntary service, organising a fund-raising event, school service and completing an independent research project, perhaps to develop a solution to a real-world challenge, culminating in a presentation in class or assembly.

Please contact Mrs Alahi (Head of Maths) at Braeside Senior School for more information about the 'Oak-Tree Challenge Scheme'.



Ramadhan Assembly

Year 11 students and Mrs Alahi delivered an assembly on Ramadhan and Maths to the Junior and then the Senior students. Included in the discussions was the importance of Ramadhan to muslims who will begin the month of fasting this year on 2nd April.

Students engaged in trying to spot a new moon in photographs of the moon in different parts of the world and were invited to do some mental maths to calculate how many dates were needed for an average family and the cost for the month.

They also looked at some Islamic art inside mosques in Cambridge and also further afield. A typical day in the month of Ramadhan was described and also the celebration at the end of the month i.e. Eid -ul-Fitr.





Oak-Tree Summer Ball 2022

Don't forget to buy your tickets for the Oak-Tree Summer Ball! With plenty of entertainment, food and drinks included in the ticket price, it is set to be a great evening. Find your finest 1920s inspired outfit and come and join the party of the year - Great Gatsby style! - [Buy your tickets HERE.](#)